



My First Device Campaign

For parents of children of 5 to 9 years of age

An initiative of:



Supported by:



In support of:



The **First Device Campaign (FDC)** is based around the defining milestone in the life of a child when they receive their first computer, tablet, or smartphone. It might be handed down or borrowed or new - but for the child, it opens up the whole online world. In our conversation with families, most may not know how to teach the children the skills that they need as they **take their first steps online**

Through this workshop, we hope that participants can:

1. Articulate the impact of screen device use on children
2. Understand the intention of First Device Campaign
3. Awareness of the resources available under FDC
4. Demonstrate the steps in using the FDC resource
5. Prepare a screen time/media planner with your child

“ My child is thrilled about their first device. How do I help them keep a balance and form healthy habits now? ”

“ Giving my child their first device unlocks a digital world. How do I equip them on the realities of cyberbullying and ensure they know that I am always here to support them? ”

DATE & TIME

18 Nov 2023 (Sat)
10:00am – 11:00am

VENUE

Zoom Meeting

(Details will be emailed upon registration confirmation)

REGISTRATION LINK

<https://bit.ly/tpw23rsvp>



SPEAKER

Mr. Nigel Wong
Family Life Educator
Counsellor

TOUCH Parenting
TOUCH Integrated Family Group
TOUCH Community Services

Nigel Wong is a Family Life Educator and Counsellor with TOUCH Parenting, providing training as well as counselling services to various clientele.

Nigel has more than 8 years of experience working with youths including those at-risk, conducting Cyber Wellness programs in TOUCH Leadership & Mentoring. He also has 10 years of experience as an MOE secondary school counsellor, working with students and their parents on Cyber Wellness, mental health, emotional and behavioural issues. Nigel has conducted over 50 parenting workshops for couples with children from age 0 to 16 years old.